## 2017 RCS FAct SHEET \#5

## GENDER AND MARITAL Status Comparisons Among Workers

Are unmarried men and women equally likely to plan and save for retirement? Do they have similar expectations about their needs in retirement? And how do these groups compare with married men and women? The $27^{\text {th }}$ annual Retirement Confidence Survey (RCS) provides some answers.

## Saving for Retirement

Married men and women are more likely than unmarried men and women to report having saved for retirement. Seven in 10 married workers have saved for retirement ( 70 percent), compared with just under half of unmarried workers (48 percent) (Figure 1).


Similarly, married workers are more likely than unmarried workers to report having money in a defined contribution (DC) plan or individual retirement account (IRA, including a rollover IRA).

Unmarried workers are twice as likely as married workers to have less than $\$ 1,000$ in total household savings and investments ( 35 percent of unmarried workers vs. 17 percent of married). At the other extreme, married workers ( 26 percent) are far more likely than unmarried worker (10 percent) to report having accumulated at least \$250,000 (Figure 2).

Figure 2
Worker Savings Amounts, by Gender and Marital Status

In total, about how much money would you say you (and your spouse) curently have in savings and investments, not including the value of your primary residence or defined benefit plan assets? (2017 Workers $\mathrm{n}=876$ )


Source: Employee Benefit Research Institute and Greenwald \& Associates, 2017 Retirement Confidence Survey.
Figures and n -sizes presented exclude those who answered "Don't know," said they never worked, or refused to answer.

## Planning for Retirement

Married workers ( 46 percent) are more likely than unmarried workers ( 32 percent) to have tried to calculate how much they will need to have saved by the time they retire so that they can live comfortably in retirement. Women, married or unmarried, are just as likely as men to have attempted a retirement savings calculation ( 41 percent of all women vs. 40 percent of all men).

Despite the fact that women tend to face higher lifetime expenses in retirement due to their greater longevity, unmarried women ( 33 percent) are more likely than their unmarried male counterparts (24 percent) to think they will need to accumulate less than $\$ 250,000$ for retirement (Figure 3).

Figure 3
Amount of Savings Workers Think They Will Need to Accumulate by the Time They Retire

How much do you think you (and your spouse) will need to accumulate in total by the time you retire so that you can live comfortably in retirement?/How much did you (or your spouse) calculate you would need in total by the time you retire so that you can live comfortably in retirement? (2017 Workers n=782)


[^0]Married workers are also more likely than unmarried workers of either gender to report having taken other steps to plan for retirement at a household level, such as estimating how much monthly income is needed (43 percent vs. 30 percent unmarried), estimating expenses in retirement ( 38 percent vs. 28 percent), and calculating how much will likely be needed to cover health expenses in retirement (24 percent vs. 17 percent).

Married workers are more likely to say they have spoken with a professional financial advisor about retirement planning ( 27 percent vs. 18 percent unmarried), but similarly low shares of both married and unmarried workers have prepared a formal, written financial plan for retirement ( 12 percent vs. 10 percent unmarried) (Figure 4).


## Stress About Retirement Preparations

Men and women, married and unmarried, are equally likely to say that they currently feel mentally or emotionally stressed about preparing for retirement. Three in 10 workers feel stressed ( 31 percent overall, 32 percent among women, 29 percent among men, 30 percent among married workers and 32 percent among unmarried workers).

## Retirement Expectations

## Retirement Age

Statistically, there are no differences in the age at which workers plan to retire by gender and marital status; all groups have a median expected retirement age of 65 (Figure 5).

Figure 5
Worker Retirement Age Estimates vs. Retiree Retirement Ages

Realistic ally, at what age do you expect to retire? (2017 Workers n=801)


Source: Employee Benefit Research Institute and Greenwald \& Associates, 2017 Retirement Confidence Survey
Source: Employee Benefit Research Institute and Greenwald $\&$ Associates, 2017 Retrement Confidence survey
Figures and n -sizes presented exclude those who answered "Don't know", said they never worked, or refused to answer

## Longevity

Given their longer life expectancy, it is perhaps not surprising that women are more likely than men to think they are very likely to live until age 85 ( 25 percent of women vs. 20 percent of men). Unmarried men are the least likely to anticipate living to age 85 ( 48 percent say very or somewhat likely vs. 61 percent of unmarried women and 64 percent of all married workers). Women are also more likely to feel it is very or somewhat likely that they will live to age 95 ( 31 percent vs. 24 percent for men), while 59 percent of men (vs. 50 percent for women) feel it is not too or not at all likely they will live to age 95 .

## Sources of Income

Unmarried workers (41 percent) are more likely than married workers (31 percent) to expect that Social Security will be a major source of income in retirement. They are also more likely to anticipate that employment in retirement will be a major source of income ( 18 percent vs. 12 percent of married workers).

Married workers are more likely than unmarried workers to expect that other savings and investments will provide a major source of income in retirement. Married workers are more likely to say that an employersponsored retirement plan ( 53 percent vs. 38 percent), and employer-provided traditional pension plan ( 29 percent vs. 18 percent), and IRA ( 27 percent vs. 19 percent), and other personal savings and investments ( 26 percent vs. 19 percent) will be a major source of income for them in retirement (Figure 6).

Equal shares of men and women report all of these as major sources of retirement income.

Figure 6
Expected Sources of Inc ome in Retirement, by Marital Status

Do you expect the following will be the following a major source of income, a minor source of income, or not a source of income in your (and your spouse's) retirement? (2017 Workers $n=938$, percent major source)


Source: Employee Benefit Research Institute and Greenwald \& Associates, 2017 Retirement Confidence Survey

## Retirement Confidence

Men and women express the same level of confidence in their ability to have enough money to live comfortably throughout their retirement years ( 62 percent of men and 59 percent of women feel very or somewhat confident). Married workers, however, are more likely to feel at least somewhat confident in their ability to afford a comfortable retirement than unmarried workers ( 67 percent vs. 50 percent) (Figure 7).

With no differences by gender, married workers are also more likely to express confidence in other financial aspects of retirement, such as having enough money to take care of basic expenses ( 74 percent married vs. 52 percent unmarried), medical expenses ( 62 percent vs. 42 percent), and long-term care (49 percent vs. 33 percent).

Figure 7
Retirement Confidence, by Gender and Marital Status

Overall, how confident are you that you (and your spouse) will have enough money to live comfortably throughout your retirement years?/ How confident are you (and your spouse) about the following a spects related to retirement? (2017 Workers $n=1,082$, percent very/somewhat confident)


[^1]
[^0]:    Source: Employee Benefit Research Institute and Greenwald \& Associates, 2017 Retirement Confidence Survey
    Figuresand $n$-sizes from all years presented exclude those who answered "Don't know," said they could not calculate, or refused to answer.

[^1]:    Source: Employee Benefit Research Institute and Greenwald \& Associates, 2017 Retirement Confidence Survey.

